

| Gemüseart | Tausend- kornge- wicht in g | Samenbedarf in g/Are | | | | Anzahl Korn/g | Anzahl Setzlinge mit 1g Samen | Anzahl Pflanzen/m ² | |
|--------------------|-----------------------------------|----------------------|--------------|---------------|-----------------------|---------------|-------------------------------------|--------------------------------|---------|
| | | Anzucht | | Direktsaat | | | | Freiland | Tunnel |
| | | Stück in Korn | Gewicht in g | Stück in Korn | Gewicht in g | | | | |
| Aubergine | 4.5-5.5 | 200-500 | 1-2 | - | - | 180-220 | 120 | 1.4-1.5 | 1.6-2 |
| Blumenkohl | 2.7-4 | 500 | 2.5-3 | - | - | 250-350 | 130-150 | 4-5 | - |
| Bodenkohlrabi | 2-3 | - | 4-5 | - | 20-30 | 300-350 | 150 | 9-10 | - |
| Buschbohnen | 180-350 | - | - | 3'500-4'000 | 600-1000 | 200-300 | - | 30-32 | - |
| Stangenbohnen | 400-600 | - | 250 | - | 300-600 | 160-250 | - | 6-10 | 6-10 |
| Broccoli | 2.5-4 | 600 | 4 | - | - | 250-400 | 160-250 | 5 | - |
| Catalogna | 1.4-1.6 | - | 3 | - | - | 600-700 | 350-400 | 11-13 | - |
| Treibzichorien | 1.7-2.2 | - | - | 5'000 | 10-15 | 600 | - | 20-25 | - |
| Chinakohl | 2.5-3.5 | 900-1'100 | 6-8 | - | 10-15 | 330-400 | 140-150 | 8-10 | 10-11 |
| Eißalat/Krachsalat | 1-1.5 | 800-1'400 | 3-5 | - | 8-15 | 700-1000 | 400-600 | 8-9.5 | 12-14 |
| Endivien | 1.3-1.7 | 900-1'200 | 2-3 | - | 30-50 | 600-750 | 350 | 8-9 | 9-11 |
| Erbsen, Kefen | 150-350 | - | - | - | 800-1'200 | 300-700 | - | - | - |
| Federkohl | 3 | - | 4-5 | - | 30-40 | 330 | 150 | 5 | - |
| Fenchel | 4-6 | 1200 | 15-20 | 3'000 | 30-40 | 150-250 | 80-100 | 10 | 10-12 |
| Hausgurken | 25-30 | 150-180 | - | - | - | 33-40 | 20-30 | 1.1-1.3 | 1.1-1.3 |
| Kardy | 40 | - | 20 | - | 40-80 | 30 | 20-25 | 1 | - |
| Pariser Karotten | 0.8-1.4 | - | - | - | 80-100 | 700-1'250 | - | 400 | - |
| Karotten, früh | 0.8-1.2 | - | - | 12'000-15'000 | 20-25 | 850-1'250 | - | 80-100 | - |
| Lagerkarotten | 1.4-2.4 | - | - | 15'000-17'000 | 25-30 | 800 | - | 150 | - |
| Knoblauch | - | - | - | 5-8kg Zehen | - | - | 33 | - | - |
| Kohlrabi | 3-4 | 1'000-1'800 | 4-5 | - | 10-20 | 250-330 | 120-140 | 8-10 | 14-16 |
| Kopfsalat | 0.8-1.2 | 900-1500 | 3-5 | - | 8-15 | 800-1'200 | 500-700 | 8-10 | 12-14 |
| Krautstiel | 13-22 | - | 8-10 | - | 80-100 | 60-80 | 100 | 6-7 | 8-10 |
| Kreße | 2-2.5 | - | - | - | 80-120/m ² | 400-500 | - | - | - |
| Kürbis | 200-350 | 60-80 | 15-20 | 150-200 | 70-90 | 3-5 | 2-3 | 0.5 | - |
| Lattich | 1-1.2 | 900-1'300 | 3-5 | - | 8-15 | 800-1'000 | 500-700 | 8-9.5 | 10-12 |
| Lollo | 1-1.2 | 1'100-2'000 | 4-5 | - | 15-20 | 800-1'000 | 500-700 | 10-12 | 16-20 |
| Lauch | 2.3-3.5-7 | 2'000-3'000 | 12-15 | 2500-3500 | 20-30 | 300-400 | 150-250 | 20-25 | - |

| | | | | | | | | | |
|----------------------------|----------|---------------|---------|----------------|---------|-----------------|-------------|------------|-----------|
| Melone | 25-35 | 150-180 | 10 | - | 20-30 | 30-40 | 25-27 | 1.3 | 1.3 |
| Nüßlisalat | 0.8-1.7 | 60'000-90'000 | 35-40 | 85'000-125'000 | 75-100 | 700-1'100 | 400-800Pfl. | 400-600 | 600-1'000 |
| Paprika | 6-8 | 400-500 | 3-5 | - | - | 120-160 | 60-100 | 5 | 2.5-3 |
| Petersilie | 1.1-1.3 | 3-5/Topf | 35 | - | 50-70 | 750-900 | 100 | - | - |
| Portulak | 0.5 | - | - | - | 80-120 | 2'000 | - | - | - |
| Radicchio roßo Chioggia | 1.4-1.6 | 1'100-1'200 | 2.3 | - | 10-15 | 600-700 | 400 | 9-11 | - |
| Radicchio roßo Verona | 1.1-1.5 | - | 3 | - | 30-50 | 600-700 | 400 | 30-40 | - |
| Radiesli | 8-13 | - | - | 20'000-30'000 | 200-300 | 100-160 | - | 180 | 250 |
| Randen | 10-13 | - | - | 6'000-7'000 | 60-70 | 50-80 | - | 40-60 | - |
| Randen, monogerm | 10-12 | - | - | 8'000-10'000 | 35-40 | 80-100 | - | 40-60 | - |
| Rettich | 7-8 | - | - | - | 60-80 | 70-120 | - | 17-20 | 17-20 |
| Rosenkohl | 3-4.5 | 250-350 | 2-3 | - | - | 220-330 | 100 | 2.2-3 | - |
| Mairüben | 3-4 | - | - | - | - | 250-330 | - | - | - |
| Herbstrüben | 2-3 | - | - | - | 20-30 | 330-500 | - | 10 | - |
| Schalotten | - | - | - | - | 20-30kg | - | - | 22-27 | - |
| Schnittlauch | 2.5-3 | - | 50-70 | - | 100-150 | 300-400 | 20-40 | - | - |
| Schnittmangold | 13-22 | - | - | - | 200 | 60-80 | - | - | - |
| Schnittsalat | 0.8-1.2 | - | - | - | 30-50 | 800-1'200 | - | - | - |
| Schwarzwurzeln | 13-14 | - | - | - | 60-100 | 60-70 | - | 5-6 | - |
| Stangensellerie | 0.2 | 600-900 | 1-2 | - | - | 2'000 | 1'000-1'200 | 6-8 | 10 |
| Knollensellerie | 0.35-0.5 | 600-900 | - | - | - | 2'000 | 1'000-1'200 | 6-8 | - |
| Spinat | 10-13 | - | - | 70'000 | 500-800 | 100-130 | - | 500-600 | 500 |
| Tomaten | 2.8-3.8 | Bis 400 | 2 | - | - | 260-350 | 220 | 2-2.5 | 2-2.5 |
| Topinambur | - | - | - | - | 20 kg | - | - | - | - |
| Weiß-/Rotkabis | 3-5 | 500-1'000 | 3-4 | - | - | 200-330 | 150 | 6-8 (Mini) | - |
| Wirz | 3-5 | 600-800 | 4-5 | - | - | 200-330 | 150 | 5-7 | - |
| Zucchetti/Patißon | 125-160 | 100-150 | 8-10 | 150-200 | 15 | 4 | 6-8 | 0.8-1.3 | 0.8-1.3 |
| Zuckerhut | 1.1-1.5 | 900-1'000 | 2-3 | - | 10-15 | 700-900 | 400 | 8-9 | - |
| Zuckermais | 140-250 | - | 200-300 | - | 200-500 | 4-7 | 3-5 | 6-8 | - |
| Steckzwiebeln | - | - | - | - | 6-12 kg | 600-800 Stk./kg | - | 50-60 | - |
| Säzwiebeln | 3.5-4 | - | - | 10'000-12'000 | 40-60 | 250-300 | - | 100-120 | - |
| Gemüsezwiebeln | 3.5-4 | - | - | 7'000-9'000 | 25-35 | 250-300 | - | 60-80 | - |
| Winterzwiebeln | 3-4 | - | - | 13'000-15'000 | 60-80 | 250-350 | - | 80-100 | - |